**Snuggle with Pam**

**Peer Pressure**

**Script and Word list**

**Signature**

*Today in Snuggle with Pam: Peer pressure! Meet the lovely Liverpool lass Un-virgin Mary!*

- Everyone’s doing it, all me mates were there. They dared me to walk down this deserted road and get abducted!

*And the Snuggle-panel!*

- Most teenagers have faced peer pressure at some point in their lives.

*And here’s your host! Pam!*

**PAM:** Hi there and a very warm welcome to my Snuggle dungeon. Have you ever said; but everybody else is doing it!? Thought so, sometimes we really want to give in to peer pressure, to be part of the group. But if somebody wants you to do or be something you don't want to, peer pressure is a really bad thing. Responding to peer pressure is a part of human nature. We just need to learn when to say yes and when to say no. Today in Snuggle with Pam, it's all about Peer pressure.

**MUSIC:** “Peer Pressure” The Slits

**PAM:** In snuggle with Pam today we’re talking about peer pressure. Welcome the panel.

**PANEL:**

- Thank you.
- Thanks
- Thank you.

**PAM:** Do you guys have any experience of peer pressure?
PANEL:
- I think there are lots of examples of peer pressure that we see in school, kind of all the time. There can anything really, anything from like, you know, what kind of clothes someone is wearing or what kind of, eh, everyone is doing a sport and I mean, sometimes it’s... It’s not always a negative thing sometimes it’s good to, you know, get involved with your friends and do something, but a lot of the time it’s negative.

- Most teenagers have faced peer pressure at some point in their lives and I think especially in schools where lots of teenagers are the same age or in the same place and there’s this pressure to fit in and be like everyone else. And I think that can be a real problem uhm, in schools. Because I think each person needs to be able to do what they feel is right for them.

- When I started my new school I really did hang out with the geeks and even though I kind of fit in there, I glanced over at the other table and I wanted to sit there more than I wanted to sit at the table I was currently sitting at. So I definitely did consider acting like the cool kids, then... and... dressing as them and like, just being like them but uhm, I... I just... did that for like a day and it was so exhausting so I just stopped and I have more energy now.

PAM: Do you have any experience of peer pressure?

PANEL:
- Well, I do have some experience. I felt a lot of peer pressure because, well, I’m not saying everybody else is the same but I felt different, I got bullied a lot for being bisexual, mostly in the locker room after gym or after school or when we went on field trips. Eh, but I got over it because I learned to accept who I was and don’t... to not care about what other people think. And if you learn to accept yourself and not care about what other people then I think that you will be accepted.

- In my school... uhm, clothes are a big thing, like everyone dresses the same and I don’t dress like that and it’s not that it has affected me in a social way, per se, but I guess that uhm... I would have come in to a different group if I had dressed like that. That’s the kind of peer pressure that I have experienced.

MUSIC: “Peer Pressure” The Screamers
Un-virgin Mary: Peer Pressure

UVM : Hello Pam! How are you doin?
P: I’m fine thanks, but you look a bit tired.
UVM: Yeah well I would be wouldn’t I? I just got back.
P: Where from?
UVM: Alpha Centauri!
P: That’s another star! Have you been in space?
UVM: Oooh yeah Pam. Light years away! Light months too!
P: How come?
UVM: Well, I got abducted by aliens, didn’t I? I was walking along a lane and some lights stopped above me and a beam came down and there I was, abducted!
P: Again? That must have been so frightening! What a shock for you!
UVM: Naah. Everyone’s doin it.
P: Pardon?
UVM: Oh yeah. All me mates were there, they dared me to walk down this deserted road and get abducted.
P: But that’s very dangerous!
UVM: Yeah I know, I got probed and experimented on and everything! They put a chip in me too!
P: In your head!!?
UVM: Errrr… yeah… later on. But at least it wasn’t as bad as when I went to that haunted house and got attacked by demons. A whole
load of demons possessed me and then they all dared each other to make me float in the air and twist me head right round and throw up on a priest!

P: Why did you let them do that?

UVM: My mates dared me to, Pam! And I couldn’t say no to demons! They’ve got great big horns and teeth and everything!

P: Do you do everything your mates tell you to do?

UVM: Well, of course not Pam! Some of ‘em tell me I should go to university! Hah! I’m not gonna do that and have them laughing at me when I go to collect me degree in a gown and funny hat!

**MUSIC: “Peer Pressure” Snoop Dog**

*And now, all bunched up on the sofa: the Snuggle panel!*

**PAM:** Do your friends accept if you have a different opinion on things?

**PANEL:**
- Well my friends do and if all of us don’t have the same opinions on something we usually talk about it and discuss it and that’s something that we do really often, discuss like different things that we have different opinions on and I think that’s really important to talk about things that if you don’t agree or…

- Well, I mean, there are a lot of things that me and my friends agree with but then there are some kind of like important things that we disagree on, I’ve tried talking to them and sometimes it’s really like frustrating or annoying if you know, can’t get them to agree with you but in the end you just have to like accept that other people have different opinions and well, they have to accept my opinion as well.

**PAM:** What about clothes and how you look and what kind of music one listens to. Any peer pressure in that area?

**PANEL:**
- I think there definitely is. I would say mostly having to do with appearance, because people have all kinds of different music taste. Uhm, and in my friendship circles that’s accepted but I think uh, you have to look a certain way to fit in and there, I know there’s a lot of
schools where lots and lots of people dress the same and look the same. And I think that can be a real problem because if you don’t look like everyone else uhm, or if you don’t want to dress like everyone else for example, or if you don’t have as much money as them so you can’t dress like everyone else I think that can lead to like severe bullying and I think it can be a real problem.

- I think also that uhm, it is a problem when you know, everybody kind of encourages everyone to have the same taste because not everyone has the same taste. I mean uhm, and the friends that I have they all listen to different kinds of music and we just get on with that. But I do know that there are some circles of friends who have like the same music taste and the same like fashion. And the thing is then everyone kind of gets pressured in to uhm, in to trying, in to having the same taste even if they don’t want to.

- And I think it’s uhm… especially how you look or what kind of music you listen to can be an easy way to judge someone else. Because it… it just tells a lot about you I think, what kind of music you listen to or how you dress. I think it’s a very easy way to express yourself and to show people what kind of person you are, and… that way you can become an easy target I think, for bullying or peer pressure.

- I think that everybody has fallen for peer pressure at some point but uhm, it was a long time ago that I stopped caring about what people think about me. And I’m glad because it’s… you feel much better about yourself. Because it doesn’t really matter what other people think about you as long as you’re happy with yourself.

**MUSIC:** “Don’t fucking tell me what to do” Robyn

*Monty Python from “Life of Brian”*

_Crowd:_ Chatter

_Brian:_ Good Morning

_Crowd:_ Chatter

_B:_ Please, please, please listen! I’ve got one or two things to say.

_C:_ Just tell us, tell us both of them!
B: Look, you’ve got it all wrong. You don’t NEED to follow ME! You don’t NEED to follow ANYBODY! You’ve got to think for yourselves! You’re ALL individuals!

C: Yes, we’re all individuals!

B: You’re ALL different!

C: Yes, we ARE all different!

**MUSIC: ”Peer Pressure” Pretty Ricky**

**MUSIC: Liam Lynch “United States of Whatever”**

*In an upper secondary school in the small British town of Waybridge teachers are gathering in the staff room for a lovely cup of tea.*

Mr S: Oh god, I’m glad that lesson’s over.

Miss B: Lesson? You managed to teach them anything?

Mr V: I remember teaching…. I think.

(Laughter)

Miss B: Ian in my 4th grade… he was late again. He’s always late it seems.

Mrs A: But it’s because the others are doing it isn’t it?

Mr S: Yes you’re right there. It’s Peer pressure. Like in my 5th grade class, Jack and Julia, they never do their homework on time, ever.

Mr V: They learned that from their classmates, you know.

Mrs A: Yes, from their peers, innit? It’s natural.

All agree.

Mr V: I’ve got students in my 6th grade class who never come to lessons. They hang around with their peers in town.
Miss B: Oh, gosh! How many?

Mr V: 25.

Mrs A: That’s a lot of peer pressure, innit?

All agree

Mr S: Then in the 7th, well, last time I went into the chemistry class, John and Sharon were busy waterboarding Rashid!

Miss B: Waterboarding?

Mr S: Yes!

Miss B: Well look at that peer pressure there! And in the media too! I mean, what chance do they have?

Mr V: That’s just what I said when Mark and his friends in the 8th grade kidnapped me for a month in that abandoned meat factory. They didn’t want to hang me upside down from a hook in the ceiling – they were under intense peer pressure.

Miss B: I hate peer pressure. All you can do is give the whole class failed grades, innit?

Mr S: You think I should?

All: Yes! Do it! Do it! Do it!

PEER PRESSURE ZOMBIES

They asked me to join but I said No! All my friends were members – not just for show They walked the same way and talked the same And I felt like I was outside the game

(Chorus) Be a zombie!

They crowded around and stared at me All of them moving so very slowly I wanted to run but I couldn’t get away It was peer pressure that forced me to stay
They wanted my brain
Or to suck on a vein
They wanted me to be
Like them – a zombie

I thought of the Goths but they were too black
I thought of my old friends but couldn’t go back
Where would I fit in and be one of the gang?
My friends broke down the door with a bang

(Chorus) Eat like a zombie!

So I took the bait and took a bite
Now I look for flesh day and night
No more loneliness and fear
I gave into the pressure from all my peers!

(Chorus) Eat like a zombie!

They said join the group
Enjoy some brain soup
They wanted me to be
A gourmet – a zombie

I want your brain
Or a suck on your veins
I want you to be like me
A zombie...

I want your brain
Or a suck on your veins
I want you to be like me
A zombie...

I want your brain
Or a suck on your veins
I want you to be like me
A zombie...

Be a zombie!
Be a zombie!
Be a zombie!
Be a zombie!
Eat like a zombie!
Eat like a zombie!
Eat like a zombie!
Eat like a zombie!

This program was created by
Keith Foster, Pamela Taivassalo Wikholm, Kristina Buddee Roos
and Carl Nilsson.
You also heard Anna Cottle and the snuggle pane.l

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