

PROGRAMMANUS

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Script and Word list

Presenter:

This is Newsreel Easy. I'm Christine Demsteader. In today's programme

- The best athletes at this year's Olympics
- Zlatan moves to Manchester United
- And why Pokémon Go can be good for you

- **Sports stars from Rio**

Presenter:

There were lots of great performances at this year's Olympics in Rio, in Brazil.

Jamaican runner Usain Bolt won three gold medals for the third time at an Olympics.

So how did he feel? Listen to him speaking to ESPN

Usain Bolt:

It feels great, man. It's just a brilliant feeling, I'm really happy. I'm really proud of myself so it's a great feeling, there's no words.

Presenter:

Simone Biles, a 19-year-old gymnast from America, also won lots of medals - four golds and a bronze.

So what would she say to children who want to be at the Olympics in the future? She told ABC News

Simone Biles:

I would just tell them to always work hard and have fun in what you do because I think that's when you're more successful....and it has to be...you have to choose to do it, and not anybody else telling you (that) you have to do it.

Presenter:

The US won more Olympics medals than any other country. Great Britain was second in the medal table and even won more medals in Rio than at the last Olympics in London in 2012. That's when boxing became an Olympic sport for the first time.

Nicola Adams is a British boxer. She won a gold medal in the Olympics in London in 2012 and she did it again in Brazil. She started to cry when

athletes

idrottare

Olympics

OS: ett idrottsevenemang som hålls vart fjärde år

performances

prestationer

runner

läpare

the third time

tredje gången

proud

stolt

there's no words

det finns inga ord

successful

framgångsrik

choose

välja

the medal table

medaljligan

cry

gråta

she got her medal but that's because she was happy.
Listen to her, speaking to ITN news.

Nicola Adams:

I'm not normally that emotional, I don't cry. But stepping onto that podium and - I think - just the four years of hard work... yeah it overwhelmed me on the podium. I was just like "yes, I've done it!"

Presenter:

Three great stories from three great Olympians. Now the Paralympics is in Rio until September 17.

• **Zlatan's new football club**

Presenter:

Zlatan Ibrahimovic moved to Manchester United. He told his fans on Instagram and got over 1 million likes.

Sweden's most famous footballer is now playing at one of the most famous football clubs in the world. Listen to what he said to MUTV.

Zlatan Ibrahimovic:

I come to win. I don't come to waste time, I don't come to look at the weather, I come here to win. That is my objective and I don't give up until I win.

Presenter:

Zlatan has made a great start and scored in his first three matches for Manchester United.

• **Pokémon Go – good for you?**

Presenter:

Lots of people are playing Pokémon Go around the world. In the game, you have to find creatures on your mobile phone – but in the real world.

Some people think the game could be dangerous for children, because they spend too much time on it, or they can get lost or injured when playing it.

But others say the game is making people healthier because players have to walk a lot to catch the creatures.

A children's hospital in the US even wants patients to play the game, because they exercise and meet other patients who are playing too. So their stay in hospital is happier and healthier.

That's all from Newsreel Easy for now. Have a look at our quiz and questions. Find them on the Newsreel pages of the website – ur.se – or go to our Facebook page – it's UR Engelska. Until next time, I'm Christine Demsteader, thanks for listening.

emotional

känslosam

podium

prispall

Olympian

idrottare som tävlar i OS

Paralympics

OS för funktionsnedsatta

famous

kända

waste time

slösa tid

look at the weather

titta på väderet

objective

målsättning

scored

gjorde mål

creatures

varelser

dangerous

farlig

spend too much time

spendera för mycket tid

get lost

gå vilse

injured

skadade

healthier

friskare

catch

fånga

hospital

sjukhus

exercise

träna

happier

lyckligare