A. Did you know?

Hedvig Eleonora of Holstein-Gottorp was eighteen years old when she arrived from Germany to Sweden on the 5th of October 1654. She was to marry the 32 year-old Swedish king Karl X and be the queen of Sweden.

Hedvig Eleonora, who didn’t know any Swedish and who most likely had never met her husband-to-be, first arrived at Dalarö, then went to stay at Karlberg’s palace for almost three weeks before it was time for her wedding.

On October 24th 1654, Hedvig Eleonora was escorted to the Royal palace of Stockholm for the wedding ceremony. She was met at the palace by her mother-in-law and then married to her husband, the king.

In the 1600’s, tradition said that a wedding was not complete until it had been sealed with a sexual intercourse. And to judge that it all had been done properly, witnesses were needed. What better way to prove the royal wedding had been completed than to have the wedding guests witness the whole thing?

So, in the hall where the wedding had taken place, there was also a bed. Hedvig Eleonora was led to the bed dressed in a beautiful silver dress. And while the wedding guests stood by the bed, watching, Hedvig Eleonora lost her virginity to a fourteen years older man.

Whoever said it was easy being royal?
B. Discuss

Discuss in small groups. Choose one or two of the questions and discuss them in class.

1. Do you think that there is a general idea about how one should behave when having sex for the first time?
2. Do you think that there is a difference between how boys and girls see it?
3. Is it important to be in love when you have sex for the first time?
4. What do you think is the most common reason why people are nervous about their first time?
5. What advice would you give to a friend who feels nervous about being a “bad lover”?
6. What do you think the differences are between cultures when it comes to having sex for the first time?
7. What do you think different cultures have in common?
8. What is the best place to be when you have sex for the first time?
9. How important is it that the first time is perfect?
10. At what age do you think most people have had sex for the first time?
11. What does “the first time” mean to you? Is it always sexual intercourse or could it also mean just being naked together for the first time?
C. Attitudes

Myths & Facts about sex

**Myth:** Most teenagers have had sex when they are 15.

**Fact:** According to the survey *Sex i Sverige*, from 1996, the average age is 16,4 for women and 16,9 for men. This means that most teenagers have sex at the age of 16-17 but that some have sex both earlier and later!

**Myth:** Most teenagers are drunk when they have sex!

**Fact:** It doesn’t look like that if we are to believe the results of a survey made by Ungdomsbarometern. The survey showed that 75 percent of all teenagers asked had been sober the last time they had sex.

**Myth:** People change partners all the time nowadays!

**Fact:** In the survey *Sex i Sverige*, the average number of partners in a life time was 4,6 for women and 7,1 for men.
D. Express yourself with Old Nick

Welcome to Old Nick’s language school. When it comes to talking about sex, it’s good to know the correct lingo, otherwise it’s easy to get confused. Here you will learn different words and expressions I’m sure you didn’t know beforehand.

Here are different words and expressions for penis:

Aussie slang:

- donger
- doodle
- old fella

In the US:

- john
- dick
- cock
- wang
- dong
- Johnson
- schlong
- pecker
- weiner
- junk

British slang:

- willy

Words for testicles:

British slang:

- knackers
- bollocks

Cockney slang:

- Jacob’s crackers (knackers)
- Michael Schumachers (knackers)

Outings and Festivals (testicles)

In the US:

- balls
- scrotum
- ballsack
- nutsack
- sack
- teabag
- testes
- nuts
- gonads
- family jewels
- nards
Words for *vagina*:

**In the US:**
pussy    cunt    vag    cooter    beaver    cooch    coochie
box      muff    gash    slit      poontang    bearded clam
quim     cunny   cooze   peach    va jay jay

**British slang:**
snatch    fanny    snapper
E. Crossword

First time

Across
4. mygga
5. tvekande, osäker
6. tvättmedkast
8. ägna sig åt
9. bakgata
11. australisk vildhund
12. kloak, avlopp
13. begär
14. anpassa sig till
15. undejordisk fängelsehåla

Down
1. träsk, sumpmark
2. lingon
3. älghorn
7. sexuellt stimulerande medel
10. publik
F. Who are you?

What would you do? Choose the best answer to the question below.

Your date asks you if you want to have sex and you want to but you are wearing your worst underwear.
   a) You tell him/her that you don’t feel like it and that you really need to go now.
   b) You tell him/her that you want to but that you have a pair of underwear that you don't want to show so you need to go somewhere and take them off first.
   c) You say yes. Who cares about the ugly underwear?

You are:
   a) If you think your date would dump you just for a pair of undies maybe you should stop seeing each other straight away? If he or she can’t take that then try to imagine how critical he or she would be if you came to a date with a pimple in your face or if you happened to fart. Anyway, if you really have a problem with your underwear, maybe there are other ways of dealing with it than to escape. You can prepare by putting on a nice pair next time you go out or just relax and quickly take them off instead of lying.

   b) If you tell your date that you are nervous about something, he or she will probably tell you that you shouldn’t worry and that you are perfect the way you are. It’s good to be honest and admit that you are nervous. And even if your partner probably doesn't care at all about your underpants, it is important that you feel comfortable. And if taking them off makes you relaxed then that’s the way to deal with it.

   c) You are relaxed and self-confident. No worries at all! That is usually very attractive. And your partner enjoys it too! You can, just to be polite, put the nice pair on next time. Not that your partner cares about it. At least not the first time you show up with underwear like that. Probably not the second time either. But if you go on like this it may become a problem and your partner may feel that you don’t even try to look nice for her or him. And the next thing you know you sit next to each other in the sofa and pick your noses together and fart and burp and…
G. Lyrics

Look at the lyrics below. What is this song about really? How can you tell? Are there any key phrases? Were there words or phrases you didn’t know since before? Can you find metaphors or similes in it?

*Lil Mo “1st time”*

The way you kiss me babe makes my body come alive  
The way you hold me babe hold me close when you're deep inside  
The way you lick my face and you show your kinky side  
The way you grab my waist sends chills up and down my spine  

Cause you make it feel like the first time, every time we make love  
Then you explore, explore my body babe, don’t rush with every touch  
Cause you make it feel like the first time, every time we make love  
You take over my body babe, hold my body babe like the first time, the first time  

The way you pull my hair lets me know you're in control  
The way you say my name makes me fall deeper in love  
And the way you taste my love shows you’re not afraid to please me  
So baby, this love is yours whenever you want me, whenever you need me  

Cause you make it feel like the first time, every time we make love  
Then you explore, explore my body babe, don’t rush with every touch  
Cause you make it feel like the first time, every time we make love  
You take over my body babe, hold my body babe like the first time, the first time  

Oh boy, you show your way, that you ain’t afraid to take your time to let me ride  
And you never rush when we’re making love  
And you ain’t no one minute man, you always made sure that I get mine  
That’s why I’ve always shared my body with you  
Cause it feels like the first time, cause you know how to make it feel like  

Cause you make it feel like the first time, every time we make love  
Then you explore, explore my body babe, don’t rush with every touch  
Cause you make it feel like the first time, every time we make love  
You take over my body babe, hold my body babe like the first time, the first time  

Cause you make it feel like the first time, every time we make love  
Then you explore, explore my body babe, don’t rush with every touch  
Cause you make it feel like the first time, every time we make love  
You take over my body babe, hold my body babe like the first time, the first time  

Kiss me, hold me, touch me, pull my hair, say my name  
Taste me, every time we make love, come and control me, take over my body baby  

Kiss me, tease me, touch me, hold me, pull my hair