

2022-02-19

Arbetsblad

av Tina Gunnarsson



Vocabulary

The following words are specific to the context of the programme. Make sure that you are familiar with them before listening.

Word	Description	Synonym
affordability	the fact of being cheap enough that people can afford to buy it or pay it	
sustainability	the use of natural products and energy in a way that does not harm the environment	
period poverty	means to not have access to, or being able to afford, period products. It can also mean to lack sanitation facilities or education about the female anatomy.	
biodegradable	a substance, chemical or material that can be changed by the action of bacteria to a natural state that will not harm the environment	
ruched	a piece of cloth or a clothing item that is sewn in a way that creates folds	
appallingly	in a way that is very bad or that shocks people	horribly, horrendously
captivity	the state of being kept as a prisoner or in a space that you cannot escape from	confinement
enclosure	a piece of land that is surrounded by a fence or wall and is used for a particular purpose	
rehabilitation	the process of helping somebody to have a normal, useful life again after they have been very ill or in prison for a long time	
to set a precedent	to decide something that will be used as an example or rule to be followed in the future	

The following words are general in nature. Take note of these to expand your general vocabulary of the English language.

entrepreneur	a person who makes money by starting or running businesses, especially when this involves taking financial risks	
disposable	made to be thrown away after use	
severe	when something is strict, rigorous, very bad or of a great degree	austere, tough, rigid
constricted	limited in amount, extent or range	here: confined
exhibiting	to show or display outwardly especially by visible signs or actions	display, show
legislation	a law or a set of laws passed by a parliament	
petition	a written document signed by a large number of people that asks somebody in a position of authority to do or change something	
intimidating	frightening in a way that makes a person feel less confident	dreadful
outdated	no longer useful because of being old-fashioned	antiquated, archaic, obsolete
deprived	without enough food, education, or other things that are necessary to live a happy and comfortable life	here: robbed

Sources:

- <https://www.oxfordlearnersdictionaries.com>
- <https://www.merriam-webster.com>

Content questions

Australia: the affordability and sustainability of period products

1. According to Sarah, there are two problems with period products. What are they?
2. Why are girls and young women skipping school when they have their period?
3. Melbourne student Mursal has an idea for a product. What does she propose to make her product with?
4. Name two period product that have become more available lately in Australia.
5. What would need to change in order for Porter and Charlotte to choose a sustainable period product?

Rwanda: Africa Cup of Nations

6. What is the Africa Cup of Nations and why is Salima Mukansanga making history in it?
7. According to Salima, to what does she owe her success?

New Zealand: opening borders inch by inch

8. In comparison to many other countries, New Zealand has done quite well in fighting the Coronavirus. What has been the key to their success according to the program and what do they risk by opening the borders?

Mitski, the Japanese-American singer songwriter

9. Circle whether the statement is TRUE or FALSE
 - a. Mitski took a break from singing to study. TRUE/FALSE
 - b. It's her first release in four years. TRUE/FALSE
 - c. She was born in America. TRUE/FALSE
 - d. Including Japan, she has lived in eight countries. TRUE/FALSE

India: youth organisation fighting for animal rights

10. In 1998, Zimbabwe sent two gifts to India. What were they and what happened to one of them?
11. What signs did Shankar exhibit which suggested he wasn't doing well?
12. What is the organisation Youth for Animals doing to help Shankar?
13. In the program, three youths from India are asked their opinion on keeping Shankar in captivity. Two of the youths give a similar reason for why Shankar should be released. What are their names and how are their answers similar?

Language points

Complete the following idiomatic expressions

14. A young entrepreneur is trying to ... these issues.
 - a. treat
 - b. effect
 - c. tackle

15. Young women and girls are ... school when they get their periods.
 - a. hopping
 - b. skipping
 - c. jumping

16. Mursal has designed packaging that ... down when it's buried.
 - a. destroys
 - b. deteriorates
 - c. breaks

17. Salima Mukansanga has ... history by becoming the first woman referee.
 - a. done
 - b. made
 - c. built

18. Shankar, the male elephant, ... the attention of Nikita Dewan.
 - a. caught
 - b. held
 - c. took

19. I believe that elephants are a ... of nature.
 - a. force
 - b. strength
 - c. power

20. Let us ... together for Shankar's sake.
 - a. sit
 - b. kneel
 - c. stand

Discussion points

The cost of being female:

Females make up a little less than half the world's population. Normally, young girls start menstruating between the ages of 10 and 15. For many women around the world, menstruating is a financial burden as they cannot afford period products. Additionally, having your period in certain places in the world can mean that you are shamed or treated as "unclean". On the upside, some countries are now providing free period products to women, such as Scotland.

- How do you feel we approach the topic of girls menstruating in Sweden?
- In 2021 it was decided that all Swedish soldiers would receive free period products. Where do you stand on the government providing free period products in Sweden? Should the provision of free products also include the rest of the female population? Who would ultimately pay for the products if they became free for the female population as a whole?
- Many young girls and women find their period presents a nuisance. Many do not feel well and having your period can mean that you don't perform as well in, for instance, sports. To solve this issue females are taking different types of hormones to either control when they get their period or to stop menstruating altogether. What, if any, do you think the repercussions of this might be?
- In 2018, a company called RedLocker was founded by a group of Swedish girls in their last year of upper secondary. Have you heard about this company? If you have time, look it up and find out some facts about RedLocker. What is their purpose? Have you seen their invention anywhere? Do you think it will make a difference?

Holding animals in captivity:

In today's program we heard about the elephant Shankar and how he is being held in captivity in a zoo. In recent years, more and more people have become opposed to this treatment of animals. In some countries, like India, new laws have been passed to protect those that cannot speak for themselves, the animals.

- How do you feel about animals being kept in confinement? Is there an upside to keeping animals in zoos? What laws do we have in Sweden to regulate keeping animals in captivity?
- Some of the most important breakthroughs in science have happened because of animal testing. How do you feel about using animals this way? What would be the consequences if we did not use animals in science?
- In London in the late 60s, it was possible to buy exotic animals and keep them as pets. Why do you think this was changed? Why can't we have any animal we choose as a pet?
- One of the most famous animals from London in the late 60s, was a lion called Christian. He was bought at Harrods by two Australian flatmates when he was just a cub. Have you heard about the story of Christian the lion? If you have time, read more about Christian the lion online. Do you know of any other stories of exotic animals being kept by private citizens?
- If we could turn back time, and live in London in the late 60s, would you have an exotic animal as a pet? If so, which animal would you choose and what could be the upside and downside to having said animal as a pet?

Teachers' note

Suggested questions for working with the photo on page 1:

- The elephant is the largest land mammal in the world. Depending on the breed, it can weigh between 2700 and 6000 kilos. What other interesting facts can you find about the elephant?
- What is your favourite animal? Where can this animal be found? What can you tell your classmates about your favourite animal? Why is this animal your favourite?
- The elephant is native to several countries in Asia and Africa and is often used as a symbol for different things, such as wisdom and strength. Do you know of any other animals that are used as symbols? Do we have native animals in Sweden that we refer to symbolically? If you have students born in other countries than Sweden, they may know of other types of animals.
- Imagine you had a pen pal in India that came to visit you. Which animals, native to Sweden, would you like to show him or her?
- If you could be reincarnated as an animal, which animal would you choose and why?

KEY

1. Period products are expensive, and they are bad for the environment.
2. Girls and young women are skipping school because they either can't afford the period products or do not have access to them.
3. Mursal plans to make underwear with a padding made of banana fibre.
4. Period panties and menstrual cups.
5. For Porter it would take awareness in the shape of advertisement explaining the benefits of choosing the sustainable alternatives. Charlotte would like the sustainable products to become cheaper and as common as the unsustainable choices.
6. The Africa Cup of Nations is a football tournament featuring the best men's teams from the African continent. Salima Mukansanga is making history as the first female to referee a game.
7. Salima says she owes a lot to her country, a place that respects women, gives them opportunities and believes in their ability.
8. The strict border policy has been key in fighting the virus. The isolation has meant that few people have contracted the disease and even fewer have died as a result. When they open the borders, the isolation will cease and they risk seeing a huge spike in COVID cases.
9.
 - a. FALSE
 - b. TRUE
 - c. FALSE
 - d. TRUE
10. They were a pair of African elephants, one male and one female. The female died a few years later leaving the male alone for the next 16 years.
11. Shankar was repetitively bobbing his head and swaying in place.
12. The Youth for Animals organisation is taking the matter to court and has a court hearing on the 9th of March.
13. Arjuna and Chetan give a similar reason for why Shankar should be released. The reason is that elephants are social and loving creatures, which should not be kept in isolation.
14. c. tackle
15. b. skipping
16. c. breaks
17. b. made
18. a. caught
19. a. force
20. c. stand