

LOOK AT ME

A man in the subway station doesn't appear to feel very well. But will anyone help?

Before watching: Read through the **glossary** to familiarize yourself with the expressions. Just by looking at the glossary, what do you think the movie will be about?

protocol	<i>(här) förhållningssätt</i>
to drool	<i>att dregla</i>
to respond	<i>att svara</i>
EMT, Emergency Medical Technician	<i>ungefär akutsjukvårdare</i>
unconscious	<i>medvetlös</i>
hypothermia	<i>hypotermi, nedkylning</i>
to vomit	<i>att kräkas</i>
to monitor	<i>att övervaka</i>
to engage	<i>att engagera sig, (här) att reagera</i>
compassion	<i>medkänsla</i>
gratitude	<i>tacksamhet</i>
to honour	<i>att hedra</i>
rating	<i>(här) grad, bedömning</i>
emotional	<i>känslomässig</i>
poverty	<i>fattigdom</i>
bottomless	<i>bottenlös</i>
virtually no	<i>praktiskt taget ingen</i>
to appear	<i>att förefalla</i>
to achieve	<i>att uppnå</i>
viable	<i>livskraftig</i>
stance	<i>hållning</i>
failure	<i>misslyckande</i>
devastating	<i>förödande</i>
conduct	<i>uppförande</i>

While watching: Pause the movie at **1:48** and discuss together as a group.

Discuss together

1. Who is in this movie?
2. Where does the movie take place?
3. What do you think will happen next?

After watching: Read through the questions below and answer them.

What is your understanding of what happens in the movie?

A. Answer these questions for yourself, then discuss them in pairs:

1. What does the woman in the blue jacket do when she sees the man?
2. Who does she call?
3. What does she say is wrong with him?

B. Answer these questions in pairs:


1. Who is the man in the subway?
2. What has happened to him?
3. What do you think the woman in blue jacket did correctly? What else could she have done?

C. Answer these questions together as a group:

1. What do you think the woman in red represents? Why is she in the movie? What's her role in it?
2. Why do you think the movie is called Look at me? What deeper meanings could the title have?
See if you can find more levels to it.
3. What do you think is the message of the movie? What can we learn from it?
4. How do you think the movie makers want us to feel after having watched the movie?

What to do next

Choose one or more out of the following exercises to work with.

-  Write:

Work on your own. Choose one of the persons in the movie and write a before or after story where we get to know more about the person in question. Choose either the man, the woman calling for help or the woman in red.

You could for example start like this:

“Nicole was stressed when she was leaving work, rushing to her yoga session...”

“Ilya had been looking forward to the party for months...”

“Sarah saw the man fall on the platform in front of her and...”

-  Improvise and discuss:

Work in groups of four and reenact a scene where you are helping someone in need. Make up a scene and divide the roles in between yourselves. One of you play someone in need of help and the rest of you play passersby. Will anyone of you help the person in need? Take turns and switch roles.

Discuss afterwards: How did it feel to be the one in need? What would you have needed or wanted from the people around you? How did it feel to be one of the passersby? What would it require of you in order to help someone? Do you think you would be able to help someone on your own? If not, what could you do to ask someone more to help you?

-  Discuss:

Work together as a whole group and discuss examples of how you could help someone in need;

- Someone just as in the movie. A grown man in the subway who doesn't respond.
- Someone lying on the ground outside when you walk by.
- Someone who falls in front of you.
- Someone running calling for help.
- A friend asking for help with something.

Deeper discussions



“Look at me” is an American movie set in the subway of New York. Work in groups of 3-4 and research on the internet.

- The movie largely takes place at the West 4th Street Station. Look at a New York subway map and see if you can locate the subway station. How many different subway lines are there in the NY subway system? Do you recognize any of the subway stations on the map? What is next to those stations? Where do you recognize the stations from?
- The man in the subway lives in Queens. Where is the West 4th Street Station in relation to Queens? How many different boroughs are there in New York? Which ones have you heard of before? Do you know anything about them? Find out more about Queens. What is it known for? Who live there? What do people that live there work with? Are there mainly apartment buildings there or houses? Which famous people can you find who come from Queens? Name some of them. Which movies or TV shows take place there? Name some of them.



- Learn more about EMT's. What are they? What kind of training do they have? What kinds of emergencies do they deal with? Do we have any equivalent to EMT's in Sweden? What kind of training do they have? What are the differences between EMT's, paramedics, nurses and doctors?

Arbetsbladet är skrivet av Nina Olivier

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