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Arbetsblad

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Vocabulary

Cancer patients flown to the UK for treatment

to rescue	att rädda
to care for	att ta hand om
honoured	ärad

Rappers tackling mental health

lyrics	låttext
anxiety	ångest
burden	bördan
struggles	svårigheter, problem

Deaf actor makes history

deaf	döv
faith	tro

Whilst Listening: Questions

Cancer patients flown to the UK for treatment

1. How does Sajid Javid feel about being able to rescue the children?
2. What consequence has the Russian invasion had on children's healthcare in Ukraine?
3. What does Dr Michael Gritsaitis feel about this topic?
 - a. He is grateful that the Ukraine is accepting the help.
 - b. He thinks the children should be honoured he is helping.
 - c. He is upset about the situation.
 - d. He is happy to help the children.

Rappers tackling mental health

4. What does Quantum Caza rap about?
5. What topic has doubled in the last 20 years in rap music?
6. Why does Quantum Caza think this is?
 - a. It is a burden to share struggles.
 - b. The internet is giving some people a voice.
 - c. You can create a space to share struggles online.
 - d. Music is shared freely online.
7. Angel explains that her music...
 - a. makes her feel good.
 - b. is an escape from reality.
 - c. makes her stay up late.
 - d. is part of her self-care routine.

Deaf actor makes history

8. What did the American actor Troy Kotsur joke about?
9. What did Troy Kotsur receive for his film CODA?

After Listening: Discuss!

In the second news story, we learnt about how rappers are starting to tackle mental health issues in their music. Do you listen to rap music?

- Do you listen to rap music? Why or why not?
- What topics are typically included in rap songs?
- Why do you think things are changing for rap songs?
- What kind of music do you listen to? Give examples.
- Are lyrics important to you when you are listening to a song? Why or why not?
- Have you ever tried writing songs yourself?
- What kind of topics would you write about if you were a rapper or a singer?

Discuss with a classmate!

These words and phrases may help you

I think (that)	On the one hand
I believe (that)	On the other hand, ...
I reckon	In my opinion
If you ask me	As far as I know

After Listening: Write!

In the second news story, we learnt about rappers tackling their mental health.

An online magazine for young people has asked you to write a short blog post about mental health for young people. Use these questions to help you write your blog.

- Do you think young people need help dealing with mental health issues?
- How can we help young people feel better?
- Do you ever feel stressed or anxious about something? How does it feel for you?
- How do you feel with anxiety or stress? How do your friends deal?
- How can we make life less stressful for young people?
- ...

After Listening: Find Out More!

In the third news story, we learnt Tony Kotsur winning a BAFTA for the film CODA. Do some research online about the film

Here are some things you could find out about:

- When was the film released?
- Who wrote the film?
- What is the plotline of the film?
- What is the film based on?
- Who is the film's director?
- How is the film doing at the box office?

Answers

1. Pleased/happy to help
2. Their healthcare has been stopped
3. d.
4. struggles (with depression/anxiety/mental health)
5. references to negative emotions (in rap music)
6. c.
7. a.
8. Him being the next James Bond
9. A BAFTA award