

NEWSREEL



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Arbetsblad

av Daniel Johnson

Vocabulary

Rishi Sunak's U-Turn

to delay

ban

due to

It was due to start in 2030

delay

to strengthen

auto industry

to be reliant on something

att skjuta upp, att senarelägga

förbud

här: skulle

Det skulle starta 2030

försening

att stärka, att förstärka

bilindustri

att vara beroende av något

Mental Health during Lockdown

lockdown

mental health

to rise – **rose** – risen

to be impacted by something

initially

to burden

urgently

harshest

whatsoever

wellbeing

to complain

rate

nedstängning

psykisk hälsa

att öka

att påverkas av något

till att börja med

att belasta

snabbt, brådskande

hårdast

överhuvudtaget

välstånd, välbefinnande

att klaga

här: kostnad, pris

BTS's Suga in the Military

military service

able-bodied

armed forces

värnplikt, lumpen

arbetsföra, i fysisk form

försvarsmakt, väpnade styrkor

Whilst Listening: Questions

Rishi Sunak's U-Turn

1. What has Rishi Sunak delayed a ban on?
2. What do environmental campaigners think about this?
 - a. They are unhappy with his decision.
 - b. They are understanding of his decision.
 - c. They think it will encourage people to buy electric cars.

Mental Health during Lockdown

3. What did the report find out about young people during lockdown?
 - a. Very few struggled with their mental health.
 - b. There was a reduction in mental health problems.
 - c. A few wanted to go back to school.
 - d. There was rise in mental health problems.
4. Who struggled the most to go back to school?
 - a. All young people.
 - b. Girls
 - c. Boys.
5. Where did Yash have to go when the lockdown started?
6. How did Yash cope with being in lockdown?
 - a. He felt pressure from his parents.
 - b. He dealt with it quite well to begin with.
 - c. It was nice to be home more.
 - d. He got to spend time with his parents.
7. What did Polina have to do at the beginning of lockdown?
 - a. She had to complete her business management studies.
 - b. She had to stay where she was.
 - c. She had to quickly move to her home country.
8. Why did Polina think was toughest during the pandemic?
9. What was Yash's suggestion for improving mental health during lockdowns?

BTS's Suga in the Military

10. Why are BTS waiting until 2025 to start performing again?

After Listening: Discuss!

In the second news story, we learnt about how young people struggled with their mental health during the pandemic. Yash recommended mindfulness and wellness sessions to help. What do you think?

Discuss with a classmate!

- Is young people's mental health an important topic? Why?
- What situations make you feel stressed in school?
- What situations make you feel stressed outside of school?
- What do you do in stressful situations?
- What can you do if a friend is struggling with their mental health?
- What can you do if you are struggling with your mental health?
- What can teachers do to help young people from struggling with their mental health?
- What can parents do to help their children from struggling with their mental health?

These words and phrases may help you

I think (that)	On the one hand
I believe (that)	On the other hand, ...
I reckon	In my opinion
If you ask me	As far as I know

After Listening: Write!

In the second news story, we learnt about how young people struggled with their mental health during the pandemic. An online magazine for young people would like to write an article about young people's pandemic experiences. Write a short text for them.

These prompts may help you:

- Introduce yourself briefly.
- Present the place you live.
- Describe your experiences during the beginning of the pandemic.
- Describe your experiences after the pandemic.
- Explain how you felt during the pandemic.

After Listening: Find Out More!

In the final news story, we learnt about the the K-pop band BTS. Find out more about **BTS**!

Here are some things you could find out about:

Where is BTS from?	What is the name BTS short for?
When did BTS first become a band?	What are the names of the members of BTS?
When did BTS release their first single album?	What awards have BTS won?

Answers

1. New petrol and diesel cars.
2. a.
3. d
4. b
5. to India / his home country / home
6. b.
7. c.
8. contact with classmates / being social / feeling lonely
9. (virtual) meetings / (virtual) wellbeing (sessions) / mindfulness (sessions)
10. They will all have finished their military service.