

# NEWSREEL EASY

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### Programmanus

av Kate Holland

**KATE HOLLAND:** Hi, I'm Kate Holland. Welcome to another episode of Newsreel Easy.

Coming Up:

Do you edit your photos?

*OLIVIA: I have used filters not really to change how I look but to change the look of where I am.*

And we discover an annual celebrity football match.

**But first:**

*DONALD TRUMP: I stand before you tonight, honoured by your support... proud of the extraordinary progress we have made together.*

In the United States, the race for who will become the next president has begun. That clip of Donald Trump was taken from USA Today.

He's up against Joe Biden. This is taken from ABC News.

*JOE BIDEN: If you entrust me with the presidency, I will draw on the best of us...*

If you are a US citizen and over the age of 18, you should be able to vote to elect the president.

However, young people are less likely than older people to vote.

*GRACE: I'm Grace, I'm 20 and I'm from New York. Voting encourages me stay engaged in politics, so I know exactly what I'm voting for.*

Grace is going to vote. She's part of RocktheVote, a charity that encourages young people to be involved in politics. But RocktheVote doesn't care who you vote for, just that you do vote and your voice is heard.

They've teamed up with famous athletes to get their message heard.

Rebekkah Brunson, plays Basketball for Minnesota Lynx. And she says voting is really important if you want to see change.

**extraordinary**  
*enastående*

**progress**  
*framsteg*

**entrust**  
*anförtro*

**citizen**  
*medborgare*

**be able**  
*kunna*

**less likely**  
*mindre troligt*

**charity**  
*välgörenhetsorganisation*

**encourages**  
*uppmuntrar*

**team up with**  
*samarbeta med*

REBEKKAH BRUNSON: *I think it is important to use your voice, it is important to stand up for the things you want to see happen in the communities around you*

### Now, do you use Instagram filters?

Well, more and more people are using them. As they feel pressure to look a certain way online.

But Make-up artist and curve model Sasha Pallari thinks the filters are damaging. She recently launched #filterdrop in the hope of seeing "more real skin" on Instagram.

She said she doesn't want children growing up thinking they are not good enough because of what they see on social media.

OLIVIA: *I went live, for example, which is where you do a live feed and people can see what you're doing. And I didn't have any makeup on. I didn't have a filter on. And I got a comment and it said, you look ugly, why haven't you got any makeup on. I felt really bad. And then when I did put makeup on, you get told you're fake. Take the makeup off. You're not natural.*

KATE HOLLAND: In this clip taken from the Today programme, 15 year old Olivia, says that she feels a pressure to look a certain way.

OLIVIA: *I have used filters not really to change how I look but to change the look of where I am.*

Olivia adds that she receives negative comments, no matter what she does. The young Instagram star has over 15 000 followers and says that she had to take a break from social media because it all got too much.

OLIVIA: *I did come off of social media for a bit, actually, when it was all getting a bit too much. But I've come back on and I've come back stronger and I'm at the point where I'm not going to change myself to make other people feel better.*

### And finally...

Every year, here in the UK, Soccer Aid takes place.

It's a charity football match. And mixes football stars and celebrities. This year, The Body Coach Joe Wicks and YouTubers Yung Filly and Chunkz all took part.

In the end, England lost their second Soccer Aid in a row on penalties to the *World 11 Team*.

Well that's all from me today, I'll be back with another Newsreel Easy on the 3rd of October. Goodbye!

**communities**

*sambällen, samfund*

**feel pressure**

*känner sig pressade*

**damaging**

*skadliga*

**launched**

*lanserade, startade*

**fake**

*falsk*

**a certain way**

*på ett speciellt sätt*

**no matter what**

*oavsett vad*

**charity match**

*välgörenhetsmatch*

**celebrities**

*kändisar*

**took part**

*var med*