

NEWSREEL



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Programmanus

av Kate Holland

Hi! Welcome to another episode of Newsreel with me, Kate Holland.

Coming up.

- Scotland provides free period products for everyone.
- And online bullying during the Covid-19 pandemic.

Jesse: So it's not just you experiencing it but everyone else watching and hearing the comments about you.

Scotland Makes Period Products Free

Young Person 1: It's okay to talk about it.

Young Person 2: I think they should definitely talk more about it in primary schools as well.

Those are voices of young people in Cambridge in England, talking to the BBC's Newsround. They're discussing periods.

Everyone who has a period needs to use period products. These can be tampons, pads, or reusable products. They allow us to have comfortable and safe periods.

But there are millions of people across the world who can't afford them. It can lead to young people missing school during their period, because they feel embarrassed or ashamed. We call this period poverty.

This is Stevie-Jo. She spoke to the BBC about her experience of missing school because she couldn't afford period products.

Stevie-Jo: I didn't want my mum getting in trouble as well if she couldn't afford them and I feel ashamed as well because, to make her feel like she's a bad mum because she wasn't.

It is estimated that in the UK, 10% of young people who need to use period products can't afford them.

period products

mensskydd

primary school

grundskola

pads

bindor

reusable

återanvändbara

to feel

embarrassed

att skämmas

poverty

fattigdom

getting in trouble

att hamna i trubbel,

få problem

it is estimated

det uppskattas

Last year, Scotland became the first country in the world to make these products free.

This is Tina Leslie from the charity Freedom 4 Girls. Tina thinks that one of the best solutions is to provide reusable period products. One is called a menstrual cup.

Tina Leslie: So you only need to get hold of one menstrual cup and it lasts you ten years.

Online Bullying during the Covid-19 Pandemic

Online bullying has increased during the Covid-19 pandemic, as young people are spending more time on social media. A recent report said that one in three young people in the UK has experienced bullying during lockdown.

I've been looking into why this is happening.

This is Olivia. She's 18 years old and she lives in Manchester. She thinks that online bullying has become normalised among young people.

Olivia: It's actually becoming normal to hate on one another, and instead of celebrating our differences people are highlighting them as a negative thing.

Olivia hasn't been bullied, but seeing negative and abusive comments directed towards other people had an impact on how she saw herself.

Olivia: You start to question the body you grew up in, the hair you were given at birth. Every little thing about yourself.

Jesse is 14 and from Kendall in north England. He thinks online bullying is worse than bullying at school.

Jesse: People at my school made a Tik Tok video about other people in my year saying quite hurtful things. And I think it's a lot harder when it's something that is uploaded online for everyone to see. So it's not just you experiencing it, but everyone else watching and hearing the comments about you.

So. What should be done about it?

Jesse: The best thing to do is report it, and then take a screenshot or get some sort of evidence to show to someone you trust so that they can help too.

Social media site Instagram says that they are doing what they can to protect users from bullying and harassment by introducing a feature that hides abusive comments.

solutions

lösningar

menstrual cup

menskopp

bullying

mobbning

has experienced

har upplevt

celebrate

differences

här: uppskatta

skillnader

highlighting

betonar (det

negativa)

abusive

kränkande

impact

påverkan

question

ifrågasätta

hurtful

sårande

report

anmäla

evidence

bevis

harassment

trakasserier

feature

funktion, verktyg

*Anne-Marie: I'm not a supermodel from a magazine, mmb-mmb
I'm okay with not being perfect
'Cause that's perfect to me*

That was Anne-Marie with her song, Perfect to Me which is all about ignoring the bullies and loving yourself.

That's all for today! I'll be back on the 13th March with more Newsreel stories.
Bye!