

# NEWSREEL



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### Programmanus

av Kate Holland

Hi, welcome to another episode of Newsreel with me, Kate Holland.

Today, Ramadan during Lockdown.

*Sawdah: I think all of that made me realise and appreciate how important my family is to me.*

But to start.

#### Over 16's Vote in the Welsh National Election

For the first time, young people aged 16 and 17 will have the right to vote in the Welsh National Election on the 6th May.

Research carried out before the coronavirus pandemic showed that young people in Wales had “limited understanding” of Welsh politics. But a recent survey showed that young people aged 16-24 thought the elections were more important than any other age group in the country.

*Lisha: It's clear that people my age definitely want to make a difference and want to change things.*

Lisha is 17 and voting for the first time. She spoke to BBC News about what issues she thinks are important to her generation.

*Lisha: Things like equality, LGBTQ, all the things I'd say generation Z, my generation, are all really passionate about, and are educated about, that people maybe in the older generations, like you know, millennials and that, maybe don't know so much about.*

Until now, many young people have felt frustrated that they cannot influence political decisions that will impact their future. But this is changing. Joel is 16 and also voting for the first time. This is what he told BBC News.

**the Welsh election**

*det walesiska valet*

**research**

*undersökningar*

**limited**

**understanding**

*begränsad förståelse*

**survey**

*enkätundersökning*

**make a difference**

*göra skillnad*

**issues**

*teman, frågor*

**LGBTQ**

*HBTQ*

**generation Z**

*människor födda*

*mellan 1997-2012*

**millennials**

*människor födda*

*mellan 1981-96*

**impact**

*påverka*

Joel: Obviously it just allows us to have our own say in things. It kind of just allows us as young people to shape our future.

## Ramadan in Lockdown

The 12th of April marked the start of Ramadan. A month of fasting, community, and prayer, observed by Muslims all over the world.

But, for the second year, Muslims in the UK will be spending Ramadan under lockdown. Meeting with family and friends, attending mosque, and sharing meals are all restricted.

I've been speaking to two young people about what they learnt from the first Ramadan in lockdown.

Malik is 19 years old, and living in student accommodation in London. He has been unable to go home to spend Ramadan with his family.

*Malik: I have video calls with my parents, my family, and that we all sit and pray together just before we eat. Now living in student halls I am restricted to my room, but one thing I've tried to do is to inculcate that spirit of togetherness in Ramadan. And so every evening, I have my evening meal, the Iftar, in the kitchen, and you know my flat mates are welcome to join me.*

What did you learn from spending last Ramadan in lockdown?

*Malik: It's so easy to get bored, and to forget sometimes that we are in a special period. And so one thing I decided was to learn more about the history of Islam. And so that really boosts your own spirituality, and it puts into perspective our own personal struggles, and that's something that I found really helpful.*

During Ramadan, Muslims are only allowed to eat and drink after the sun has gone down. 20-year-old student Sawdah from London, said that last year's Ramadan was much easier for young people.

*Sawdah: For young people it might have been even easier because we were just spending all our time at home, so that meant that we weren't as tired as we might have been.*

Spending more time at home meant that Sawdah was able to learn how to make traditional Indian food with her mum.

*Sawdah: So, Samosas, and spring rolls, pakoras, pastries. And it was really nice to get to spend that time with her and just be a part of that tradition again.*

**shape our future**  
forma vår framtid

**fasting**  
fasta, inte äta eller dricka

**community**

gemenskap

**observed by**

här: firad av

**attending**

gå till

**restricted**

begränsade

**student**

**accommodation**

studentboende

**unable**

inte kunnat

**inculcate**

inpränta

**flatmates**

rumskamrater

**boosts**

ökar

**spirituality**

andlighet

**struggles**

kamper

**allowed**

tillåtna

**pastries**

bakverk

**be a part of**

vara en del av

*Kate: How will this year be different?*

*Sawdah: All of that made me realise and appreciate how important my family is to me, so I think in future years and this year also, I really hope to make time for my family.*

Thanks to Malik and Sawdah. I'll be back on 8th May with more Newsreel stories. Goodbye!

**realise**  
*inse*  
**appreciate**  
*uppskatta*