



## Programmanus

av Kate Holland

KATE: Hi, I'm Kate Holland welcome to Newsreel Easy.

Coming up:

- Is social media harmful for teenage girls?  
*OLIVIA: If you're following someone on Instagram that makes you feel down, you should unfollow them*
- KATE: And the youngest singer ever to be solo headliner at Glastonbury.

KATE: But first

### Lip Filler Ban

A new law in England has banned under-18s from having their lips injected with so-called fillers.

Some people have this done to change the shape of their lips to make them more attractive.

But there have been lots of reports of young people being harmed by these injections. Laura Brook told BBC News about what happened when her lip treatment went wrong.

*LAURA BROOK: My lip was black, particularly underneath my lip had just filled with blood. I almost nearly passed out – the shock of seeing... the state of my face.*

### Whistleblower Attacks Facebook

KATE: Now do you think Instagram can be bad for you?

Frances Haugen used to work at Facebook. She told politicians in the United States that the company knew their App - Instagram - was harming young people's mental health.

Frances highlighted issues around negative body image and eating disorders – and accused Facebook of putting young people's lives in danger.

Here she is talking to the US TV network, CBS.

**ban**

*förbud*

**injected**

*injicerade*

**the shape**

*formen*

**harmed**

*skadade*

**treatment**

*behandling*

**particularly**

*särskilt*

**passed out**

*svimmade*

**whistleblower**

*visselblåsare, person*

*som slår larm*

**mental health**

*psykiska hälsa*

**highlighted**

*betonade, lyfte fram*

**issues**

*problem*

FRANCES HAUGEN: *What's super tragic is Facebook's own research says – as these young women begin to consume this eating disorder content they get more and more depressed, and it actually makes them use the App more.*

KATE: Facebook has denied doing anything wrong – but US politicians are now calling for the company to do more to protect young people.

I've been speaking to 17-year-old Olivia about this.

OLIVIA: *I use Instagram, Snapchat, Tiktok, Twitter occasionally. I would say definitely scrolling on Instagram too much can make you feel very unproductive for a start.*

KATE: *What's the worst kind of content you've seen online?*

OLIVIA: *Unrealistic body image stuff, along with that diet and work-out plans that are probably not realistic.*

KATE: *What do you think about the claims made about Instagram?*

OLIVIA: *I don't think it really surprises me because they can profit from it more. I can see how they can advertise stuff like diets and stuff like that which people find more appealing.*

KATE: *And do you have any advice for young people about what they might see on social media?*

OLIVIA: *I would definitely say the stuff that you see online is probably not realistic and there's Photoshop, you can edit photos, there's filters that can change it. And if you're following someone on like Instagram or something like that that makes you feel down, you should unfollow them.*

## **Billie Eilish**

*Billie Eilish: So, where did you go, I should know, but it's cold, and I don't want to be lonely, so tell me you'll come home...*

KATE: That's 19-year-old, singer, Billie Eilish, who has just been announced as the youngest solo artist to headline the famous music festival in the UK – Glastonbury.

*Billie Eilish: I try not to upset you  
Let you, rescue, me the day I met you. I just wanted to protect you...*

That's it for today. I'll be back soon. Goodbye!

**negative body image**

*negativ*

*kroppuppfattning/*

*kroppsbild*

**eating disorders**

*ätstörningar*

**accused**

*anklagade*

**research**

*forskning*

**content**

*innehåll*

**has denied**

*har förnekat*

**occasionally**

*då och då*

**unproductive**

*improduktiv,*

*overksam*

**work-out plans**

*träningsprogram*

**claims**

*påståenden*

**profit**

*tjäna*

**advertise**

*marknadsföra*

**appealing**

*tilltalande*

**advice**

*råd*

**to headline**

*att vara*

*huvudattraktionen*