

NEWSREEL

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Programmanus

av Kate Holland

Hi, welcome to a new series of Newsreel! I'm Kate Holland.

Coming up:

- Clamping down on fake influencer images.

Ana: It makes it difficult to maintain a positive mental health and accept your own body.

But first:

Absent Teachers

Chris: It's becoming increasingly more challenging.

That's Chris, a Headteacher at a school in Rochdale in the north of England, speaking to the BBC.

He's talking about how difficult it has been this month to find enough teachers to cover all the students' lessons.

At the start of term in England, one in 12 teachers was absent, and about half of those absences were because of Covid.

Pupils at the school in Rochdale are just hoping it doesn't affect their end of year exams – their GCSEs.

One Year 11 student told the BBC:

Student: I've worked my whole school life towards sitting GCSEs and I want to do the best I possibly can.

absent

frånvarande

increasingly

mer och mer

challenging

utmanande

headteacher

rektor

to cover

här: vikariera

at the start of term

i början av terminen

pupils

elever

affect

påverka

GCSE

Slutbetyg från

grundskolan i England

Digitally Altered Pictures Online

Now, what do you see when you scroll through your social media feeds?
And how does it make you feel?

The UK MP, Luke Evans, who is also a doctor, believes that images in which influencers have digitally altered their bodies are damaging young people's self-esteem.

He wants to change the law so that if an image has been altered there should be a clear label on it. Here he is in Parliament explaining his idea.

Dr Luke Evans MP: "If someone has been paid to post a picture on social media which they have edited, or advertisers, broadcasters or publishers are making money from an edited photograph, they should be honest and upfront about it.

I wanted to find out more about this problem, so I've been speaking to family doctor Dr Cathy Scott.

Do you think that seeing images on social media that have been altered to change someone's body has a damaging effect?

Dr Cathy Scott: Yes, I absolutely do. It makes people have a distorted perception of what is normal and how they should look. So I think it's an enormous problem.

Do you think that Dr Luke Evans' idea is a good one?

Dr Cathy Scott: I really do approve of this Bill.

I've also been speaking to 15-year-old Ana.

Ana: I normally follow female influencers - they tend to be outfit pictures, a lot of holiday photos, usually including some kind of swimsuit picture.

How does scrolling through posts like this make you feel?

Ana: It kind of makes me rethink areas of my body which I wouldn't normally question, or reminds me of existing things that I feel insecure about. I often think, 'Oh, she's so much prettier than me' and it makes it difficult to maintain a positive mental health and accept your own body.

What do you think about the MP's idea to label images that have been digitally altered?

digitally altered

digitalt förändrade

MP (Member of Parliament)

politiker i det brittiska parlamentet

Self-esteem

självkänsla, självbild

label

märkning

advertisers

annonsörer

to be upfront

vara uppriktig

damaging

skadande

distorted perception

förvriden uppfattning

approve

godkänna

bill

lagförslag

swimsuit

baddräkt

to rethink

tänka om

to question

ifrågasätta

insecure

osäker

mental health

psykisk hälsa

Ana: I think it would help if this bill was passed to have a more constant reminder that not everything you see is reality.

Canadian Popstar

And finally, it's been a good month for Canadian teenager, Lauren Spencer-Smith.

She often puts short clips of her songs on TikTok, but was amazed when her latest – Fingers Crossed – went viral and became a top five single in the UK Official Singles Chart.

Lauren Spencer-Smith:

*So I, I want all the tears back that I cried
All the hours spent giving advice
On how to write your songs
All you did was prove me wrong
When you said you loved me
Well, you must've had your fingers crossed*

Thanks for listening and speak to you all next time.

Goodbye!

**if this bill was
passed**
om lagförslaget antogs
constant reminder
ständig påminnelse

amazed
förvånad
Chart
Topplista

advice
råd