

NEWSREEL EASY

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Programmanus

av Kate Holland

Hi, I'm Kate Holland. Welcome back to a new series of Newsreel Easy.

Coming up:

- Putting a stop to fake online images.

Ana: It makes me rethink areas of my body

And the Canadian Tiktok sensation breaking into the UK charts.

But first:

Absent Teachers

Schools have had a difficult start to the new year with one in 12 teachers absent in England.

Half are off because of Covid and it's making it difficult to find enough teachers to cover all the classes.

Headteacher, Chris, at a school in Rochdale, in the north of England, told the BBC:

Chris: The changes in absence change so quickly, that we have to try to be one step ahead.

Chris says that it makes it really difficult to plan because things change very quickly.

absent

frånvarande

are off

är frånvarande

to cover

här: vikariera

headteacher

rektor

one step ahead

ett steg före

Digitally Altered Pictures Online

Now, if you're browsing photographs on social media, does it ever feel to you like everybody seems to have the perfect body?

That's probably because many of the pictures have been digitally altered.

One UK politician, MP Luke Evans believes that fake images are having a damaging effect on young people.

He wants to change the law so that if an image has been edited there's a stamp on it to say so.

Here he is in the UK parliament introducing his idea.

Dr Luke Evans MP: "If someone's being paid to post a picture on social media which they have edited, or advertisers, broadcasters or publishers are making money from an edited photograph, they should be honest and upfront about it."

I wanted to find out more about this issue so I've been speaking to family doctor, Dr Cathy Scott.

Do you think that seeing these kinds of edited images can have a damaging effect?

Dr Cathy Scott: Yes, I absolutely do. It makes people have a distorted perception of what is normal and how they should look.

How big a problem do you think this is?

Dr Cathy Scott: There's good evidence that eating disorders are increasing in the UK and that it's really common for young people from the age of 11 to feel unhappy about their body image.

I've also been speaking to 15-year-old Ana.

Ana: I normally follow female influencers - they tend to be outfit pictures, a lot of holiday photos, usually including some kind of swimsuit picture.

Ana: It kind of makes me rethink areas of my body which I wouldn't normally question. I often think, 'Oh, she's so much prettier than me and I think it makes it difficult to maintain a positive mental health and accept your own body.'

browsing

bläddrar

digitally altered

digitalt förändrad

MP (Member of Parliament)

politiker i det brittiska parlamentet

stamp

stämpel

advertisers

annonsörer

to be upfront

vara uppriktig

issue

problem

damaging

skadande

distorted perception

förvriden uppfattning

evidence

bevis

eating disorders

ätstörningar

increasing

ökar

to question

ifrågasätta

insecure

osäker

mental health

psykisk hälsa

What do you think about the MP's idea to label images that have been digitally altered?

Ana: I think it would help if this bill was passed to have a more constant reminder that not everything you see is reality.

Canadian Popstar

And finally, it's been a good month for Canadian teenager, Lauren Spencer-Smith.

She often puts her songs out on TikTok, but was delighted when her latest – Fingers Crossed – suddenly went into the top five of the UK Official Singles Chart.

*Lauren Spencer-Smith:
I want all the tears back that I cried
All the hours spent giving advice
On how to write your songs
All you did was prove me wrong
When you said you loved me
Well, you must've had your fingers crossed*

Thanks for listening and speak to you all next time.

Goodbye!

if this bill was

passed

om lagförslaget

antogs

constant reminder

ständig påminnelse

finally

till slut

delighted

glad, förtjust

Chart

Topplista

advice

råd