

# NEWSREEL



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### Programmanus

av Kate Holland

Hi, welcome to Newsreel! I'm Kate Holland.

Coming up:

- What it means to 'come out'.

Daniel: *I knew in my heart that I needed to do it*

But first:

#### **An Early Spring**

After a long winter the sound of spring is welcome.

However, a recent report says that flowers are blooming nearly a month earlier than they used to.

Snowdrops are popping up sooner and daffodils are growing faster and earlier.

Wildlife charities are also reporting "strange wildlife sightings" including frogspawn appearing a month earlier than usual.

Scientists believe these changes are connected to climate change

To help out animals and nature, they suggest leaving out fresh water and food for garden wildlife in the winter and feeding the birds.

**an early spring**

*en tidig vår*

**blooming**

*blommar*

**snowdrops**

*snödroppar*

**daffodils**

*påsklilja*

**wildlife**

*djur-och naturliv*

**frogspawn**

*groddägg*

**climate change**

*klimatförändringar*

**suggests**

*föreslår*

## LGBT+ History Month

February is LGBT+ history month. That stands for lesbian, gay, bisexual, transgender and others.

The awareness month is a chance to look back at some of the struggles and progress made by the LGBT+ community over time.

In England and Wales, it was illegal for two men to be in a relationship until 1967.

Then in 1972 - fifty years ago - the very first Pride march in the UK took place.

I spoke to Daniel, who came out as gay when he was 14.

You went to your first Pride March at 14. What was that like?

Daniel: *It was a strange experience because I'd come out of the closet about three weeks before to my mum. And then my mum took me to Pride. It's a world that I'd never seen before, but I felt instantly a part of so it was a really exciting experience.*

How easy or difficult was it for you to come out?

Daniel: *I had a really supportive family. So it was easy compared to many other people, but I think anybody who has come out knows that it's the hardest thing in the world to do.*

*But ultimately, I knew in my heart that it was the absolute right thing to do and that I needed to do it*

What was the best thing about coming out for you?

Daniel: *The sense of relief that you feel after four or five years of knowing that I was different and keeping that secret and then giving that secret away was amazing.*

I also spoke to Carrie, who came out as bisexual when they were 16, and identifies as non-binary.

Carrie, do you think things have got better for the LGBT+ community over the last 50 years?

**awareness**

*medvetenhet*

**struggles**

*strider*

**relationship**

*förhållande*

**Pride march**

*Pride paraden*

**came out as gay**

*komma ut som*

*homosexuell*

**come out of the closet**

*komma ut ur*

*garderoben*

**instantly**

*omedelbart*

**supportive**

*stödande*

**compared to**

*jämfört med*

**ultimately**

*i slutändan*

**sense**

*känsla*

**relief**

*lättnad*

**non-binary**

*icke-binär*

**they**

*här: hen*

Carrie: *It's improved in many ways, but it also needs to improve in many other ways.*

**it's improved**  
*det har blivit bättre*

What does it mean to 'come out'?

Carrie: *How I envision coming out actually is like when you're planting a flag on your identity.*

**envision**  
*föreställa sig*

What was the best thing about it for you?

Carrie: *I've never felt happier with my body and how I present myself since coming out because I don't feel so confined to presenting a certain way.*

**confined**  
*instängt*

Thanks Carrie and Daniel.

And finally

### **The Brit Awards**

**Brit Awards**  
*ett brittiskt musikpris*

TV presenter: *And artist of the year goes to: Adele!*

Adele: *This is amazing! I actually really wasn't expecting this one at all.*

**actually**  
*faktiskt*  
**expecting**  
*förvänta sig*

That's Adele winning Best Artist at the Brit Awards this month. The singer-songwriter also won Song of the Year and Album of the Year!

Adele: *Go easy on me, baby*

**go easy**  
*ta det lugnt*  
**gender neutral**  
*könsneutral*

The other big news from the Brits was that it was the first time the awards were gender neutral.

So there were no male and female categories, all the awards were simply for artists.

Speak to you all next time. Goodbye!