

# NEWSREEL EASY

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### Programmanus

av Kate Holland

Hi, and welcome to Newsreel Easy. I'm Kate Holland.

Coming up:

- Can a new social media app make teens happier?

*Alfie: It's a way to express and share your art.*

#### **Record high temperatures over summer saw more deaths**

This summer's heatwave in the UK led to a few wildfires and some schools closing.

A BBC report from July said this hot weather was due to climate change.

*BBC Reporter: "For a long time it's been clear that global warming makes heat waves more frequent and more intense."*

But it also turns out that lots of elderly people died because of the heat this summer.

UK officials who work with statistics calculated that an extra 2,800 people over the age of 65 died in July and August.

Scientists say extremely hot summers could happen again and the government needs to do more to protect elderly people in the heat.

#### **New social media app BeReal proves popular for young people**

Now, do you worry about how you look in the photos you post on social media or how you are seen by your friends?

**happier**

*gladare*

**express**

*uttrycka*

**heatwave**

*värmebölja*

**wild fires**

*skogsbrand*

**frequent**

*frekvent*

**elderly people**

*äldre personer*

**calculated**

*uträknad*

**scientists**

*vetenskapsmän*

**government**

*regering*

**seen by**

*sedd på*

This is because these apps encourage young people to compare themselves to other people.

But a new app called 'BeReal' is proving to be popular with teenagers and young people because it promotes users to post 'normal' photos of themselves.

Everyday at a different time, users of the app are told to take a photo of what they are doing, even if they are just going to school or eating breakfast.

I spoke to some young people who use the app to find out what they think of the app and social media.

I asked Alfie, who is 25 years old, what he thought of the app.

*Alfie: I believe the app makes people be more real. Take the picture within the moment, you know? It doesn't matter what you look like or where you are.*

Alfie says the app encourages people to share photos where it doesn't matter what you look like or where you are.

*Kate: What are your thoughts on social media in general?*

*Alfie: I don't think it's bad for your mental health because I feel like in this day and age, it's a way to express and share your art.*

But I also spoke to Daniel, who is 17 years old, who is not a big fan of BeReal.

*Daniel: I would say that I'm indifferent to the rise of the BeReal app. It's better than other forms of social media so you cannot just scroll and scroll, like you could with Instagram, like you could with TikTok.*

While Daniel doesn't like BeReal, he says he prefers it to other apps because it takes up less time.

*Kate: Why don't you like BeReal, Daniel?*

*Daniel: The main reason why it's bad is because it sucks time. You come off the app, you feel horrible, you won't get that time back.*

Thanks Daniel and Alfie.

And finally...

**encourage**  
*uppmuntrar*  
**to compare**  
*att jämföra*  
**promotes**  
*förespråkar*

**within the moment**  
*i stunden*  
**in general**  
*generellt*  
**mental health**  
*mental/psykisk hälsa*  
**in this day and age**  
*i den här samtiden*

**indifferent**  
*likgiltig*  
**rise of**  
*tillväxten/ökningen av*  
**prefers**  
*föredrar*  
**feel horrible**  
*mår dåligt*  
**mental health**  
*mental/psykisk hälsa*

## Harry Styles releases makeup

Have you heard of Harry Styles?

He's a musician, an actor, and now the owner of a new makeup brand.

Harry, who rose to fame as a member of boyband One Direction, launched his new makeup line called Pleasing this month.

But his makeup line is quite expensive - a pink and yellow eyeshadow palette costs £45!

Thanks for listening and goodbye. Speak to you all next time.

**owner**

*ägare*

**makeup brand**

*sminkmärke*

**rose to fame**

*blev känd*

**launched**

*lanserade*

**quite expensive**

*rätt så dyr*

**record number of**

*rekordantal*