

NEWSREEL

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Programmanus

av Carrie Morrison

Hi, and welcome to Newsreel. I'm Carrie Morrison. Coming up:

- People self-diagnosing neurodiversity

Ibrahim: I ask myself 'what am I going to get from someone going, "Hey, here's a piece of paper that officially tells you that you've got ADHD"?'.

But first...

Controversial weight loss jabs

UK high street chemists, like Boots and Superdrug, have announced they're going to start selling a controversial weight loss drug.

Experts have warned that the drug shouldn't be a replacement for eating healthily and exercising and should only be used with advice from a doctor.

It's been endorsed by celebrities like Kim Kardashian and Elon Musk. Its key ingredient is Ozempic, a medicine that treats diabetes.

But it does have a number of potential side effects - including nausea and an upset stomach.

Self-diagnosing neurodiverse conditions sparks opinions

A lot of charities that support people with neurodiverse conditions, such as autism or ADHD, are concerned about TikTok videos causing people to self-diagnose their conditions.

The charities say social media can help raise awareness of these conditions, but they're worried people will misdiagnose themselves and could be missing out on vital support.

neurodiversity

neurodiversitet / neurologiskt annorlunda)

[*neuro* är en medicinsk term som syftar på hjärnan och nervsystem]

jabs

sprutor/injektioner

replacement

ersättning

advice

råd

endorsed

stött

nausea

illamående

self-diagnose

självdagnostisera

sparks opinions

skapar åsikter

charities

välgörenhetsorganisationer

conditions

tillstånd

vital support

livsviktigt stöd

The charity ADHD-UK says the rise in self-diagnosis is partly due to long waiting lists, where patients could wait between 2 and 3 years for official confirmation of these conditions.

I've been speaking to Ibrahim and Catri to get their thoughts on the process of getting diagnosed.

So Catri, tell me about how your diagnosis and how was that process.

Catri: I've been on the NHS waiting list now for a year. I got bumped off the list a couple of times and then had to fight to get back put back on in the place I was previously, it's going to be at least another year to 18 months.

Ibrahim, what about you?

Ibrahim: It was quite dramatic how I got diagnosed because the lady first got out a newspaper and this passage. And she looks at my mother and she goes, 'Unfortunately, your son has dyslexia.' And my mum, being really new to the country, didn't know what on earth dyslexia was, thought I had like ten days to live or something and it turned into a whole big deal - and I said 'Mum, it's only dyslexia, it's not that big of a deal'.

And with your ADHD, do you want a confirmed diagnosis from a doctor?

Ibrahim: I think I will try and get a diagnosis, but at the same time I ask myself 'what am I going to get from someone going, 'Hey, here's a piece of paper that officially tells you that you've got ADHD?'. It's a superpower, and I think I'm trying to learn how I better utilise and live with it.

Right, and Catri, what are your thoughts on self-diagnosis?

Catri: It's so individual. And if for some people, if they get what they need through just the self-label and self-diagnose of 'Oh, I think I have this thing, I think I'm neurodivergent, I think I have ADHD' and that's enough for them then I don't see the problem with it. If someone is just - it's just for themselves and it helps them, I think 'great'. And that's the same for anyone. Like if anyone wants to label themselves anything if that helps them? Absolutely great.

And Ibrahim, what do you think about people self-diagnosing through TikTok videos?

Ibrahim: TikTok may not be the most reliable sources of information. But as long as it opens the door up for exploration and understanding, I think that is just good enough to get people started on that journey.

the rise in

ökningen av

due to

på grund av

confirmation

bekräftande

previously

innan/förut

newspaper

tidning

passage

textavsnitt / stycke

what on earth

vad i hela världen

big deal

stor grej

utilise

dra nytta av

self-label

benämna/beteckna sig själv

reliable

pålitlig

exploration

utforskande

Thank you, both.

Sam Smith's new music video

Musical interlude: I'm Not Here to Make Friends – Sam Smith

That was Sam Smith with their latest single, 'I'm Not Here to Make Friends'.

The video was released two weeks ago and now has over sixteen million views on YouTube.

It's been criticised by some people as being over-sexualised and inappropriate for younger kids. But people from the LGBTQ+ community say it's not right to censor art.

That's all for this week.

I'll speak to you again soon.

Goodbye!

their

här; pronomen: *hen*

[Sam Smith identifierar sig som icke-binär]

sexualised

sexualiserad

inappropriate

olämplig

censor

censurera