

NEWSREEL

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Programmanus

av Carrie Morrison

Hi, and welcome to Newsreel. I'm Carrie Morrison. Coming up:

- Body shaming in ballet schools.

Caitlin: *Body shaming students is absolutely horrific.*

But first...

Vapes Ban

Local councils and doctors are calling for a ban on single-use vapes.

A recent study showed that 5 million of these disposable vapes are being thrown away every week in the UK. The vapes contain harmful chemicals and can cause fires in rubbish dumps and recycling centres.

Scott Butler, the executive director of Material Focus who carried out the research says that these vapes are possibly "the most environmentally wasteful, damaging and dangerous consumer product ever made."

Body Shaming Ballet Schools

Now, what do you know about body-shaming?

It's when people insult others for having a different body shape, for instance by calling them fat or skinny.

It can lead to people feeling bad about themselves and has been linked to eating disorders. It's a problem in lots of schools but it seems it's particularly bad in ballet schools.

In a recent TV programme the BBC spoke to over 50 former ballet students. Many of them said they'd had mental health problems and eating disorders because of the way they were treated at the schools.

Ellen Elphick became a professional dancer after school but she's now taking legal action against them because of what happened to her.

Ellen: *I think it broke me a bit, pretty well broke me. I don't think I ever really got put back together. Am I one of the lucky ones because I still went on to have that career? Maybe, but that doesn't mean I've not been left with lifelong issues that I'm just going to have to find some way to deal with.*

disposable

engångs-

harmful

skadlig

cause fires

orsaka eld

rubbish dumps

soptipp

recycling centre

återvinningscentral

carry out

genomföra

to insult

att kränka

fat

tjock

skinny

mager, smal

eating disorder

ätstörning

particularly

i synnerhet

former

tidigare

legal action

rättsliga åtgärder

The story of Ellen and the other dancers featured in the programme has got people talking about the whole issue of body shaming and I've been talking to young people about what they think about this. First, here's Caitlin.

Caitlin: *Body shaming students is absolutely horrific and is going to have a profound effect on you throughout your life. I've known plenty of amazing dancers who are not teeny tiny; yeah, you need to be physically fit, but I don't think there's any need to be skinny.*

And what about you Christian. What do you think?

Christian: *First of all, it just makes me feel really sad. I kind of had an idea that this happened in ballet schools especially. There's such a culture of, being as thin as possible, unhealthily thin in some cases, you know, medically underweight.*

And do you think it's a good thing that people are talking about it?

Christian: *It's really cool that the students are speaking up now and I think it's indicative of maybe a culture of speaking up more and actually feeling like your place in society and yourself is enough.*

And do you agree Caitlin?

Caitlin: *I think it's more acceptable to speak up now - like, you're believed. And when people say, Oh, no, I think this is a real problem, people go "Oh yeah", instead of going "Oh no, it's not, you'll be fine." I think people are just generally more listened to, especially like young women. Because in history and the past people have been like; your opinion doesn't matter- and yeah - I think it's just more acceptable actually to be able to feel your feelings now.*

Thank you, Caitlin and Christian.

Sampling Music

That's Bittersweet Goodbye by Issey Cross. It's just one of many songs in the UK Top 40 that uses a sample of an old song.

In this case, Issey uses some of a very well-known song from the 1990s called 'Bitter Sweet Symphony' by the Verve.

More and more artists are now sampling old tunes. A website called 'Who Sampled' found that a quarter of songs in a recent Top 40 chart had used bits of old tunes.

That's all for this week!

I'll be back on the 7th of October.

Goodbye!

featured
presenterade, visade

horrific
fasansfull
profound
djupgående, ingående

thin
mager

indicative of
kännetecknande för
to speak up
att uttrycka sig

tune
melodi, här: låt