

NEWSREEL EASY

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Programmanus

av Carrie Morrison

Hi, and welcome to Newsreel Easy. I'm Carrie Morrison.

Coming up:

- Body shaming in dance schools

I think it's a big shame to see this story. I think teachers should be supportive of their students.

But first...

No Single-Use Vapes

Local councils in the UK are calling for a ban on vapes that can only be used once.

Material Focus is a charity which wants more people to recycle their waste. They've revealed that 5 million of these so-called disposable vapes are thrown away every week in the UK.

The vapes contain harmful chemicals and have been known to catch fire in rubbish dumps - and recycling them is difficult and expensive.

Scott Butler, the head of Material Focus, has said that single-use vapes could be the most environmentally dangerous product ever made.

Ballet Schools in Trouble

Do you know what "body shaming" is?

It's when people make others feel bad about their bodies, for instance by calling them fat or skinny.

It's a problem in a lot of places, but it seems it's particularly bad in some ballet schools.

In a recent TV programme, by the BBC, they talked to over 50 former students at two famous ballet schools in the UK. Many of them said they had developed eating disorders because of the bullying and body-shaming they'd suffered from teachers.

Here's Ellen Elphick who is now taking legal action against the school because of what happened to her.

Ellen: *I think it broke me a bit, pretty well broke me. I don't think I ever really got put back together.*

Ellen says her experiences at ballet school damaged her and she hasn't fully recovered.

local council
kommunfullmäktige
environmental
miljö-
reveal
avslöja
harmful
skadlig
catch fire
sätta eld
recycling
återvinning
rubbish dumps
soptipp

fat
tjock
skinny
mager
particularly
i synnerhet, särdeles
eating disorder
ätstörning
suffer
lida
legal action
rättsliga åtgärder
damage
skada
recover
bli frisk, återhämta sig

The BBC programme has got a lot of people talking about the whole issue of body shaming and I've been asking young people in the UK what they think about it. First, here's Ciaran.

Ciaran: *I think it's a big shame to see this story. I think teachers should be supportive of their students. They should help them to grow and learn.*

I've also been speaking to Rachel. Rachel - have you ever been body shamed?

Rachel: *Personally, I've never actually experienced body shaming, but there's definitely sort of internalized negative thoughts about my own body that I've suffered with.*

Rachel says although she hasn't been body shamed by others she does have negative thoughts about her body.

And Ciaran, is there something you think that all schools - not just ballet schools - should do about this issue?

Ciaran: *I think schools should see this and take a full look inwards at themselves to make sure that they are properly safeguarding their students against any of these hurtful behaviours.*

Ciaran says all schools should do more to stop their pupils from being body shamed.

Thanks Ciaran and Rachel.

Music Likes Sampling

That's Bittersweet Goodbye by Issey Cross. It's just one of many songs in the UK charts which involves what is known as "sampling". This is when artists take music from an old song and use it in a new song.

Issey's song features the tune of a famous song from the 1990s - Bittersweet Symphony, by The Verve.

A website called 'WhoSampled' revealed that a quarter of the tracks in the UK's Top 40 have sampled older songs.

That's all for this week.

I'll be back on the 7th of October.

Goodbye!

shame
skam
supportive
stödande

safeguarding
garantera trygghet, skydd
hurtful behaviours
skadliga beteenden

involve
innefatta, involvera

tune
låt, melodi

track
spår här: låt